



## MENU ITEMS

## NUTRITIONAL INFORMATION

### BREAKFAST

Bill Miller Breakfast: Eggs, 1 Meat, 2 Sides, 2 Tortillas

Standard (Eggs, Sausage, Beans, Flour Tortillas)

Scrambled Eggs Portion

Breakfast Sausage Portion

or Bacon (3 Slices)

Breakfast Hash Browns Portion

Refried Beans Portion

Flour Tortillas (Two)

or Corn Tortillas (Two)

Breakfast Bowl: Eggs, 1 Meat, 2 Sides, 2 Tortillas

Standard (Eggs, Sausage, Beans, Flour Tortillas)

Scrambled Eggs Portion

Breakfast Sausage Portion

or Bacon (3 Slices)

Breakfast Hash Browns Portion

Refried Beans Portion

Flour Tortillas (Two)

or Corn Tortillas (Two)

### Biscuits

Biscuit (one)

w/Gravy

Ham Biscuit

Brisket Biscuit

Ham & Egg Biscuit

### Cowboy Breakfast

Serving Size	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Serving Size	Calories	Cal from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
	1300	855	94	34	9.34	710	2290	101	16	3	50
1	190	140	15	5	0	400	210	1	0	0	12
1	390	310	34	14	1.47	95	620	3	0	0	16
1	140	90	11	4	0	25	360	0	0	0	8
1	290	190	21	5	6.58	0	430	24	3	0	2
1	170	40	4.5	1.5	0	5	320	24	10	1	8
1	260	60	7	3	0	0	400	42	4	2	6
1	180	40	4.5	2	0	0	290	31	4	3	4
	1300	855	94	34	9.34	710	2290	101	16	3	50
1	190	140	15	5	0	400	210	1	0	0	12
1	390	310	34	14	1.47	95	620	3	0	0	16
1	140	90	11	4	0	25	360	0	0	0	8
1	290	190	21	5	6.58	0	430	24	3	0	2
1	170	40	4.5	1.5	0	5	320	24	10	1	8
1	260	60	7	3	0	0	400	42	4	2	6
1	180	40	4.5	2	0	0	290	31	4	3	4
1	440	160	18	6	3.17	0	1130	61	3	3	9
1	610	280	31	10	3.17	0	2150	83	3	8	9
1	510	190	21	7	3.17	30	1730	63	3	5	18
1	590	250	27	10	3.52	55	1250	61	3	3	24
1	620	270	30	10	3.17	265	1850	64	3	5	25

Grilled Ham, Biscuit and Gravy	1	680	300	33	11	3.17	30	2760	85	3	10	18
--------------------------------	---	-----	-----	----	----	------	----	------	----	---	----	----

### Breakfast Sandwiches

Eggs, Cheese & 1 Meat below. On a buttered, toasted bun

Ham (2 oz)	1	620	310	34.5	14	0	450	1680	46	3	9	32
Bacon (2 Slices)	1	640	350	39	15.5	0	435	1320	44	3	7	27
Sausage (1/2 Link 68g)	1	790	480	53	22	0.92	480	1470	46	3	7	32

### Griddle Cakes

Griddle Cakes (3)	1	710	210	24	9	0	165	1960	103	5	14	22
w/ Syrup	1	1030	210	24	9	0	165	1960	185	5	94	22
w/ Bacon and Syrup	1	1170	310	34	13	0	185	2320	185	5	94	29
w/ Sausage and Syrup	1	1420	520	58	24	0.92	255	2590	188	5	94	38
w/ Ham and Syrup	1	1060	240	26	10	0	190	2570	175	5	85	32
Syrup	1	320	0	0	0	0	0	0	82	0	80	0

### BREAKFAST TACOS

	Serving Size	Calories	Cal from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
Bacon & Bean on Corn	1	300	90	10	4	0	10	590	40	12	3	12
Bacon & Bean on Flour	1	340	100	12	4.5	0	10	640	45	12	2	13
Bacon & Egg on Corn	1	250	130	15	5	0	245	390	16	2	2	11
Bacon & Egg on Flour	1	290	150	16	6	0	245	450	22	2	1	12
Bacon & Potato on Corn	1	290	150	17	5	0	10	500	29	4	2	6
Bacon & Potato on Flour	1	330	170	18	6	0	10	550	34	3	1	6
Bean & Cheese on Corn	1	320	110	12	6	0	20	570	40	12	3	14
Bean & Cheese on Flour	1	360	120	13	6	0	20	620	46	12	2	15
Bean & Egg on Corn	1	370	140	16	6	0	240	590	40	12	3	17
Bean & Egg on Flour	1	410	150	17	6	0	240	650	46	12	2	18
Bean & Sausage on Corn	1	450	220	24	10	0.73	50	780	41	12	3	18
Bean & Sausage on Flour	1	490	230	25	10	0.73	50	840	47	12	2	19
Beef Brisket on Corn	1	320	150	17	7	0	85	330	16	2	2	26
Beef Brisket on Flour	1	360	160	18	8	0	85	390	21	2	1	27
Carne Guisada on Corn	1	260	80	9	3.5	0	80	390	19	2	2	27
Carne Guisada on Flour	1	300	90	10	4	0	80	450	25	2	1	28
Chorizo & Bean on Corn	1	240	100	11	4	0	15	540	27	6	2	9
Chorizo & Bean on Flour	1	280	110	12	4	0	15	600	32	6	1	10
Chorizo & Egg on Corn	1	190	90	10	4	0	115	290	17	3	2	8

Chorizo & Egg on Flour	1	230	100	11	4	0	115	350	22	3	1	9
Chorizo & Potato on Corn	1	280	120	14	5	0	20	620	32	4	1	8
Chorizo & Potato on Flour	1	240	110	12	5	0	15	560	26	4	2	7
Potato & Egg on Corn	1	350	190	21	8	3.57	235	440	30	4	2	10
Potato & Egg on Flour	1	380	200	22	8	3.57	235	500	35	4	1	11
Sausage & Egg on Corn	1	400	260	28	11	0.73	280	580	18	2	2	17
Sausage & Egg on Flour	1	430	270	30	12	0.73	285	640	23	2	1	18

Hot Sauce Sample	1	5	0	0	0	0	0	150	1	1	1	0
Pico De Gallo Sample	1	5	0	0	0	0	0	220	1	0	1	0

### Beverages

Orange Juice	1	140	0	0	0	0	0	0	33	0	28	2
Iced Tea (Sweetened)	1	170	0	0	0	0	0	15	43	0	40	0
Iced Tea (Unsweetened)	1	5	0	0	0	0	0	15	0	0	0	0
Coffee Regular or Decaf Small	1	5	0	0	0	0	0	0	1	0	0	0
Coffee Regular or Decaf Large	1	10	0	0	0	0	0	0	2	0	0	0
Milk White	1	150	70	8	5	0	35	115	11	0	11	8
Milk Chocolate	1	200	70	8	5	0	35	200	25	0	23	8

### COMBO MEALS

	Serving Size	Calories	Cal from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
#1 Beef Poorboy, Fries, 2 oz Sauce, P&O, Lg Unsweet Tea	1	910	330	37	14	2.85	115	2000	100	7	11	44
#2 L, W, T, Fries, Lg Unsweet Tea	1	1225	595	65.5	22.5	8.8	300	1885	91	5	2	68
#2 3 Breasts, Fries, Lg Unsweet Tea	1	1435	655	74	21	11	335	2365	103	5	2	92
#3 Brisket, PB, HB, CS, 2 oz Sauce, Roll, P&O, Lg Unsweet Tea	1	1030	440	49	19	6	110	2085	100	21	10	50
#3 BBQ Chicken (White), PB, HB, CS, 2 oz Sauce, Roll, P&O, Lg Unsweet Tea	1	1010	370	41	14	5	170	2405	107	21	10	56
#4 3 Tenders, Gravy, Fries, Roll, Lg Unsweet Tea	1	1285	575	65	21	12	125	3405	136	5	8	50
#5 Small Chicken Sandwich, Fries, 2 oz Sauce, P&O, Lg Unsweet Tea	1	755	370	26	9	2	130	1815	99	7	10	33
#5 Small Chicken Sandwich All White, Fries, 2 oz Sauce, P&O, Lg Unsweet Tea	1	785	200	20	7	2	145	1865	99	7	10	52

#6 Garden Salad, 3 oz Turkey, Lg Unsweet Tea, BB, CC, Fat Free Ranch Pouch	1	435	165	20	10	0	100	1535	26	5	7	42
#6 Salad, 1/4 BBQ White Chicken, Lg Unsweet Tea, BB, CC, Fat Free Ranch Pouch	1	515	175	21	11	0	195	1425	26	4	7	60
#7 2 Chop BBQ Sandwiches, P&O, Fries, Lg Unsweet Tea	1	1075	440	50	19	4	95	2455	121	10	10	38
#8 Brisket, Sausage, PB, HB, CS, 4 oz Sauce, Roll, P&O, Lg Unsweet Tea	1	1540	820	92	37	7	230	2865	104	21	10	70
#8 1/2 BBQ Chicken All White, PB, HB, CS, 4 oz Sauce, Roll, P&O, Lg Unsweet Tea	1	1320	475	53	18	5	340	3335	120	22	15	96
#9 Crispy Chicken Sandwich, Fries, Lg Unsweet Tea	1	1025	440	50	20	3	85	2685	104	9	9	40
#10 2W, 2B, 3L, 3T, Large Fries, 5 Jalapenos, Loaf French Bread Bucket of Unsweet Tea <b>Serves 4</b>	1	1274	565	62	22	8	246	2470	114	8	4	64
#11 Chicken Fried Steak. Gravy, GB, MP ,Roll, Lg Unsweet Tea	1	1025	495	56	18	6	70	3835	105	9	11	35

### SANDWICHES

	Serving Size	Calories	Cal from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
Beef Poorboy (2 oz sauce)	1	610	210	23	9	1	110	1120	60	3	10	40
Ham Poorboy	1	480	110	12	4	0	55	2340	62	3	12	28
Pulled Pork Sandwich	1	770	230	26	10	0	145	1190	82	10	21	51
Sausage Poorboy	1	790	420	47	19	2	120	1650	64	3	10	28
Turkey Poorboy	1	450	50	6	2	0	65	1430	60	3	10	38
Small Bar-B-Q Chicken Dark, 1/4	1	460	100	12	4	0	125	1100	60	3	10	29
Small Bar-B-Q Chicken White, 1/4	1	490	60	6	2	0	140	1150	60	3	10	48
Large Bar-B-Q Chicken, 1/2 (1/4 White, 1/4 Dark)	1	640	130	14	5	0	265	1390	60	3	10	69
Large Bar-B-Q Chicken Dark, 1/2	1	620	170	19	6	0	250	1330	60	3	10	50
Large Bar-B-Q Chicken White 1/2	1	670	80	9	3	0	275	1440	60	3	10	88
Chopped Bar-B-Q Sandwich	1	390	160	18	7	1	45	870	41	3	5	17
Crispy Chicken Sandwich	1	730	320	36	15	1	80	1970	65	5	9	36

### BAR-B-Q PLATES

	Serving Size	Calories	Cal from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
Wrangler Plate: Brisket, PB, SR, 2 oz. Sauce, P&O, Roll	1	765	240	26.5	10	1.25	120	1895	84	16	9	50
Regular Plate :Brisket, PB, HB, CS, 2 oz. Sauce, P&O, Roll	1	1030	440	49	18.5	5.51	110	2085	100	21	10	50

Pulled Pork Taco Plate: 2 Pulled Pork Tacos, with Tangy Sauce and Cole Slaw on Flour + 2 Sides	1	650	220	25	9	0	110	1010	69	10	17	39
Pulled Pork Taco Plate: 2 Pulled Pork Tacos, with Tangy Sauce and Cole Slaw on Corn + 2 Sides	1	580	200	22	9	0	110	900	58	11	19	37
Rancher Plate: Brisket, Sausage, PB, HB, CS, 4 oz. Sauce, P&O, Roll	1	1535	825	92.5	36.5	7.35	230	3210	109	22	15	71
Rodeo Plate: Brisket, Sausage, Chicken, PB, HB, CS, 6 oz. Sauce, P&O, Roll	1	1755	930	104	41	7.35	365	3930	115	23	20	94

### BUCKAROO MENU

	Serving Size	Calories	Cal from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
All Buckaroo Meals Include Small Fries, Small Unsweet Tea and 2 Brownies												
2 Pc Tenders, Gravy	1	1060	460	52	17	7.98	125	1345	116	7	34	36
1Pc Chicken Leg	1	790	360	40	13.5	4.5	115	945	92	7	34	20
Chop Bar-B-Q Sandwich	1	1050	440	50	18	4.17	90	1615	131	10	39	25
1/2 Sausage Link, Bar-B-Q Sauce	1	900	470	53.5	20	4.38	105	1135	92	7	34	18

### FROM OUR PIT

	Serving Size	Calories	Cal from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
Beef Brisket 1/4 Pound	1	300	170	19	8	0.67	110	250	0	0	0	33
Ham 1/4 Pound	1	173	73	8	3	0	54	1480	3	0	3	20
Pork Spareribs 3 Spareribs	1	330	210	24	10	0	105	180	1	0	0	27
Pulled Pork	1	290	140	15	6	0	115	220	6	4	1	33
Sausage Link (1)	1	480	380	43	18	1.84	120	780	4	0	0	20
Bar-B-Q Chicken 1/4 White	1	280	100	11	3.5	0	170	570	7	0	0	39
Bar-B-Q Chicken 1/4 Dark	1	190	100	11	4.5	0	135	360	0	0	0	22
Turkey	1	160	30	3.5	1	0	75	480	0	1	1	34

### BAR-B-Q FAMILY ORDERS

	Serving Size	Calories	Cal from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
<b>Small: 1 lb Meat, 3 Pints, 1 Loaf Bread</b>	May choose all same meat or 0.5 lb of 2 meats (1 chicken = 1 lb) (4 sausage links = 1 lb)											
Standard is Brisket, PS, PB, CS, French Loaf, 6 oz. Sauce, 10 oz. P&O												
Per Serving (Small Family Order Serves 4)	1	890	321	36	13	1	121	2260	94	17	11	49
<b>Large: 1.5 lb Meat, 3 Quarts, 2 Loaves Bread</b>	May choose all same meat or 0.75 lb of 2 meats (1 chicken - 1 lb) (4 sausage links = 1 lb) or 0.5 lbs of 3 meats											
Standard is Brisket, PS, PB, CS, 2 French Loaves, 10 oz. Sauce, Pint P&O												
Per Serving (Large Family Order Serves 6)	1	1075	370	41	14	1	123	2687	123	22	13	55

### FRIED CHICKEN

	Serving Size	Calories	Cal from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
--	--------------	----------	--------------	-----------	---------	-----------	-------------	--------	-------	-------	-------	---------

2 Pc Our Choice: L, T, Fries, Roll	1	890	425	46.5	17.5	6.21	165	1460	79	5	2	40
2 Pc All Breasts: 2 B, Fries, Roll	1	1100	485	54.5	16	7.76	225	1910	90	5	2	64
2 Pc Your Choice: Up to 1 B, Fries, Roll	Add Fries, Roll and your 2 Piece selection from data below											
4 Pc Our Choice: L, W, B, T, Fries, Roll	1	1550	765	84.5	27.5	11.6	410	2310	102	5	2	96
4 Pc All Breasts: 4 B, Fries, Roll	1	1760	825	92.5	26	13.4	445	2790	114	5	2	120
4 Pc Your Choice: Up to 3 B, Fries, Roll	Add Fries, Roll and your 4 Piece selection (Up to 3 Breasts) from data below											
1 Pc L or W or B or T, Fries, Roll	Add Fries, Roll and your 1 Piece selection from data below											
4 Pc Chicken Tenders, Gravy, Fries, Roll	1	1410	625	69.5	22.5	11.2	165	3260	139	5	6	64
2 Pc Chicken Tenders, Gravy, Fries, Roll	1	1010	445	49.5	16.5	6.7	85	2660	113	5	6	36
Fries, Roll		440	145	16.5	6	2.18	5	1030	66	5	2	8
Fried Chicken Breast	Adds	330	170	19	5	2.79	110	440	12	0	0	28
Fried Chicken Leg	Adds	130	80	8	2.5	1.04	70	200	2	0	0	12
Fried Chicken Thigh	Adds	320	200	22	9	2.99	90	230	11	0	0	20
Fried Chicken Wing	Adds	330	170	19	5	2.58	135	410	11	0	0	28
Fried Chicken Tender	Adds	200	90	10	3	2.26	40	300	13	0	0	14

### FRIED CHICKEN FAMILY ORDERS

Serving Size	Calories	Cal from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
--------------	----------	--------------	-----------	---------	-----------	-------------	--------	-------	-------	-------	---------

#### 10 Pc Serves 4, 15 Pc Serves 6

10 Pc Our Choice: 2W, 2B, 3L, 3T, Large Fry, Loaf Bread	1	1258	565	62	22	8	246	2128	112	7	4	64
10 Pc Your Choice: Up to 3B, Large Fry, Loaf Bread	Add Fries, Loaf of Bread and your 10 Piece selection (Up to 3 Breasts) from data below (2.5 Pcs per serving)											
10 Pc All White Up to 5 B, Large Fry, Loaf Bread	Add Fries, Loaf of Bread and your 10 Piece selection (Up to 5 Breasts) from data below (2.5 Pcs per serving)											
10 Pc All Breasts, Large Fries, Loaf Bread	1	1415	610	68	21	10	279	2480	120	7	4	82
Large Fries, Loaf Bread per serving (Serves 4)	1	590	185	20	8	3	4	1380	90	7	4	12
Fried Chicken Breast	Adds	330	170	19	5	2.79	110	440	12	0	0	28
Fried Chicken Leg	Adds	130	80	8	2.5	1.04	70	200	2	0	0	12
Fried Chicken Thigh	Adds	320	200	22	9	2.99	90	230	11	0	0	20
Fried Chicken Wing	Adds	330	170	19	5	2.58	135	410	11	0	0	28
Fried Chicken Tender	Adds	200	90	10	3	2.26	40	300	13	0	0	14

15 Pc Our Choice: 4W, 3B, 4L, 4T, Lg+Md Fry, 2 Loaves Bread	1	1355	582	64	22	8	256	2337	127	7	5	68
15 Pc Your Choice: Up to 5 B, Lg+Md Fry, 2 Loaves Bread	Add Lg Fry+Md Fry, 2 Loaves Bread & your 15 Pc selection (Up to 5 Breasts) from data below (2.5 Pcs per serving)											
15 Pc All White Up to 8 B, Lg+Md Fry, 2 Loaves Bread	Add Lg Fry+Md Fry, 2 Loaves Bread & your 15 Pc selection (Up to 8 Breasts) from data below (2.5 Pcs per serving)											
15 Pc All Breasts, Large Fry, Md Fry, 2 Loaves Bread	1	1495	622	69	21	10	279	2657	135	7	5	84
Lg Fry+Md Fry, 2 Loaves Bread (Serves 6)	1	670	197	22	9	3	4	1557	105	7	5	14
Fried Chicken Breast	Adds	330	170	19	5	2.79	110	440	12	0	0	28

Fried Chicken Leg	Adds	130	80	8	2.5	1.04	70	200	2	0	0	12
Fried Chicken Thigh	Adds	320	200	22	9	2.99	90	230	11	0	0	20
Fried Chicken Wing	Adds	330	170	19	5	2.58	135	410	11	0	0	28
Fried Chicken Tender	Adds	200	90	10	3	2.26	40	300	13	0	0	14

### ON THE LITE SIDE

	Serving Size	Calories	Cal from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
Garden Fresh Salad	1	45	0	0	0	0	0	50	10	4	4	3
Garden Salad w/ BB, CC Fat Free Ranch	1	335	155	18	10	0	55	1120	25	4	7	20
Fat Free Ranch Dressing	1	60	0	0	0	0	0	430	13	0	3	0
Ranch Dressing	1	168	78	9	5	0	28	560	13	2	4	10
Thousand Island Dressing	1	150	105	12	2	0	18	345	11	2	6	1
Italian Dressing	1	215	180	20	7	0	0	390	10	0	1	0
Bacon Bits	1	60	35	4	2	0	10	370	0	0	0	6
Cheddar Cheese	1	170	120	14	8	0	45	270	2	0	0	11
Margarine	1	180	180	21	5	3	0	200	0	0	0	0
Sour Cream	1	60	45	5	4	0	20	15	1	0	1	1
Captains Wafers (4 Crackers, 2 Packs)	1	60	20	3	1	0	0	100	9	0	1	1
Vegetable Beef Soup	1 Pint	160	40	5	2	0	40	1070	8	3	0	22
Soup & Salad	1	205	40	5	2	0	40	1120	18	7	4	25
Soup & Salad with BB, CC & Fat Free Ranch	1	495	195	23	12	0	95	2190	33	7	7	42
<b>Chicken Delite:</b> Bar-B-Q Chicken, Bar-B-Q Sauce, Garden Salad												
1/4 Chicken De-Lite with Dark Meat	1	260	110	12	5	0	135	770	16	5	9	26
Above + BB, CC & Fat Free Ranch	1	550	265	30	14.5	0	190	1840	31	5	12	43
1/4 Chicken De-Lite with White Meat	1	360	100	11	4	0	170	980	23	5	9	43
Above + BB, CC & Fat Free Ranch	1	650	255	29	14	0	225	2050	38	5	12	60
1/2 Chicken De-Lite	1	540	200	22	8	0	305	1340	23	5	9	65
Above + BB, CC & Fat Free Ranch	1	830	355	40	18	0	360	2410	38	5	12	82
1/2 Chicken De-Lite All White Meat	1	640	200	22	8	0	335	1550	30	5	9	82
Above + BB, CC & Fat Free Ranch	1	930	355	40	18	0	390	2620	45	5	12	99
Baked Potato Plain	1	150	0	0	0	0	0	0	38	4	4	6
Baked Potato w/ Baker Backup	1	620	380	43.5	18	3	75	855	41	4	5	24
Baked Potato w/ Salad & Baker Backup	1	665	380	43.5	18	1.5	75	905	51	8	9	27
Above + BB, CC & Fat Free Ranch	1	955	535	61.5	28	1.5	130	1975	66	8	12	44
Baked Potato w/ Baker Backup & Soup	1	780	420	48	19.5	1.5	115	1925	49	7	5	46

**SIDE ORDERS**

	Serving Size	Calories	Cal from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
Coleslaw	1	70	35	4	1	0	0	95	9	2	1	1
Cream Corn	1	240	150	16	9	0	25	330	19	3	9	4
French Fries (Small)	1	290	120	14	5	2.18	5	700	38	4	0	4
Green Beans	1	40	10	1	0	0	5	690	6	3	2	2
Hash Browns	1	320	190	21	8	4.84	0	390	30	4	0	2
Mashed Potatoes	1	140	60	7	3	0.17	0	650	17	4	1	2
Pinto Beans	1	150	15	2	0.5	0	0	480	25	13	1	9
Potato Salad	1	120	60	7	1	0	5	350	15	2	1	1
Spanish Rice	1	130	25	2.5	0.5	0.58	10	310	24	1	0	3
Jalapeno Pepper (Each)	1	5	0	0	0	0	0	250	0	1	0	0
Pickles	1	0	0	0	0	0	0	150	0	0	0	0
Marinated Onions	1	5	0	0	0	0	0	15	1	0	1	0
BBQ Sauce	1	30	5	0.5	0	0	0	360	6	1	5	1
Fresh Baked Roll	1	150	25	2.5	1	0	0	330	28	1	2	4
Tangy Sauce	1	80	5	0.5	0	0	0	350	16	2	14	1

**FROM OUR BAKERY**

	Serving Size	Calories	Cal from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
Coconut Meringue Pie Slice	1	350	120	14	7	0	0	340	54	4	31	3
Lemon Meringue Pie Slice	1	460	130	15	4.5	2.29	35	330	79	4	48	4
Apple Pie Slice	1	490	190	22	7	3.29	10	500	70	4	33	5
Dutch Apple Pie Slice	1	510	180	20	6	3.27	5	380	77	5	37	6
Pecan Pie Slice	1	560	220	25	6	1.8	85	250	78	11	40	7
Pumpkin Pie Slice (Seasonal)	1	310	130	15	6	1.65	50	240	38	4	23	5
Peach Cobbler Portion	1	340	120	13	4.5	2.32	0	260	51	2	28	3
Fudge Brownies (2)	1	370	160	18	6	1.28	40	40	51	3	34	4

**DRINKS**

	Serving Size	Calories	Cal from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
Coffee Regular or Decaf Small	1	5	0	0	0	0	0	0	1	0	0	0
Coffee Regular or Decaf Large	1	10	0	0	0	0	0	0	2	0	0	0
Iced Tea Sweetened Small	1	70	0	0	0	0	0	5	18	0	17	0
Iced Tea Unsweetened Small	1	0	0	0	0	0	0	5	1	0	0	0
Pepsi Small	1	100	0	0	0	0	0	25	27	0	27	0
Diet Pepsi Small	1	0	0	0	0	0	0	25	0	0	0	0
Mountain Dew Small	1	110	0	0	0	0	0	45	31	0	31	0



Sierra Mist Small	1	90	0	0	0	0	0	25	25	0	25	0
Mug Root Beer Small	1	110	0	0	0	0	0	45	29	0	29	0
Tropicana Lemonade Small	1	100	0	0	0	0	0	105	27	0	27	0
Big Red Small	1	100	0	0	0	0	0	20	25	0	25	0
Dr Pepper Small	1	100	0	0	0	0	0	35	27	0	27	0
Iced Tea Sweetened Large	1	170	0	0	0	0	0	15	43	0	40	0
Iced Tea Unsweetened Large	1	5	0	0	0	0	0	15	1	0	0	0
Pepsi Large	1	260	0	0	0	0	0	60	72	0	72	0
Diet Pepsi Large	1	0	0	0	0	0	0	60	0	0	0	0
Mountain Dew Large	1	300	0	0	0	0	0	125	81	0	81	0
Sierra Mist Large	1	250	0	0	0	0	0	60	65	0	65	0
Mug Root Beer Large	1	280	0	0	0	0	0	115	75	0	75	0
Tropicana Lemonade Large	1	260	0	0	0	0	0	280	71	0	71	0
Big Red Large	1	260	0	0	0	0	0	55	67	0	67	0
Dr Pepper Large	1	260	0	0	0	0	0	90	71	0	71	0

### CONDIMENT BAR

	Serving Size	Calories	Cal from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugar	Protein
Coffee Creamer Containers	1	15	10	1	1	0	5	10	1	0	1	0
Dill Pickle Slices	9 Slices	5	0	0	0	0	0	460	1	0	0	0
Dinner Roll	57 g	150	25	2.5	1	0	0	330	28	1	2	4
Grape Jelly	1 Teaspoon	15	0	0	0	0	0	0	4	0	3	0
Half & Half	1 Teaspoon	5	5	0.5	0	0	5	0	0	0	0	0
Hot Sauce	1 Teaspoon	0	0	0	0	0	0	10	0	0	0	0
Ketchup	1 souffle cup (1 oz)	30	0	0	0	0	0	380	8	0	8	0
Lemon/Lime	1/6	5	0	0	0	0	0	0	1	0	0	0
Margarine	1 Teaspoon	20	20	2.5	0.5	0.3	0	20	0	0	0	0
Marinated Onions	3 Rings (14g)	5	0	0	0	0	0	15	1	0	1	0
Pico De Gallo	1 Teaspoon	0	0	0	0	0	0	20	0	0	0	0
Rye Bread	1 Slice	90	10	1.5	0.5	0	0	170	17	0	1	2
Sour Cream	1 Teaspoon	10	10	1	0.5	0	5	0	0	0	0	0
Strawberry Jelly	1 Teaspoon	15	0	0	0	0	0	0	4	0	3	0
Sugar	1 Teaspoon	15	0	0	0	0	0	0	4	0	4	0

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

**PLEASE CHECK OUT OUR NUTRITION CALCULATOR: [WWW.BILLMILLERBBQ.COM/NUTRITION-CALCULATOR/](http://WWW.BILLMILLERBBQ.COM/NUTRITION-CALCULATOR/)**

### **Abbreviations**

B	Fried Chicken Breast
BB	Bacon Bits
CC	Cheddar Cheese
CS	Coleslaw
GB	Green Beans
HB	Hash browns
L	Fried Chicken Leg
MP	Mashed Potatoes
P&O	Pickles & Onions
PB	Pinto Beans
SR	Spanish Rice
T	Fried Chicken Thigh
W	Fried Chicken Wing

